



## Ruth McKenzie Rehabilitation Case Manager

Diploma in Nursing, BSc Health and Social Care

## Expertise

- Musculoskeletal injury
- Orthopaedic injury
- Pain management including complex regional pain
- General medical and surgical conditions
- Intensive and critical care
- Respiratory conditions
- Head injuries
- Mental health conditions
- Psychological injury
- Bio psychosocial assessment
- Vocational advice
- Return to work programmes
- Major incident response services

## Profile

- Ruth completed her degree in Nursing in 2003.
- She started her career working in adult emergency care which included accident and emergency, intensive care and emergency assessment work. She has experience of assessing traumatic injuries as well as acute medical emergencies, working closely with the medical team to arrange discharge home, with community care follow up or admission to the relevant medical ward. She is experienced in assessing patient care and managing their discharge following elective surgery and has experience of working as a NVQ assessor, assessing in health and social care.
- Ruth has worked as a rehabilitation case manager since 2009. She is very experienced in assessing injured people who have sustained injuries in their work place, in the public sphere or as a result of road traffic accidents. She assesses injury impact paying great attention to recovery to date, treatment effectiveness/ delays, identifying gaps in treatment or additional treatment needs and assessing the impact on active daily living, social activities and work.
- Ruth has excellent knowledge of both NHS and private treatment services.
- She has experience of working closely with GP practices, social services and hospital and community treatment teams.

## Testimonial

"In a time of unexpected change and uncertainty due to trauma, empowering the client and actively supporting their recovery is a great strength we can bestow as a case manager."

## Continued Professional Development

- Corporé are committed to facilitating the requirements for on-going CPD for our registered professionals, so that they can demonstrate their current competence in their chosen field.
- We have an external expert clinical panel who contribute to our clinical governance for continuously improving the quality of our services and safeguarding high standards of care.

## Professional Memberships

- Royal College of Nursing and Midwifery Council
- Case Management Society UK

  
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