



Kath Mardle Rehabilitation Case Manager

Registered Nurse

Expertise

- Complex multiple trauma
- Lower limb trauma and rehabilitation post surgery
- Delayed and non-union of fractures
- Upper limb trauma
- Musculoskeletal injury
- Orthopaedic Injury - pelvic, hip, upper and lower limb-advanced knowledge
- Specialised knowledge in delayed union management of fractures and external fixator frames
- Psychological injury
- Vocational assistance

Profile

- Kath trained as a nurse in the Royal Navy working with service personnel injured in action as well as dealing with medical and general surgical emergencies before qualifying as a nurse in 1975.
- Whilst working as a nurse for the NHS she has gained vast experience in trauma and orthopaedics and in surgical nursing and outpatient services.
- She worked for 15 years in the major trauma field specialising in the care of patients with multiple injuries (poly trauma), upper and lower limb injuries and in assessing patient's needs for pre and post surgical rehabilitation.
- She has worked in orthopaedic outpatients running general trauma clinics, hand surgery and shoulder clinics and working in the bone reconstruction clinic, treating clients with Ilizarov and external fixation devices.
- She has worked in an elective orthopaedic setting in the private sector.
- Kath has worked as a case manager for 10 years. She has extensive case management experience of assessing complex multi trauma and formulating rehabilitation plans to address physical and psychological recovery to optimal vocational and social goal outcomes.

Continued Professional Development

- Corporé are committed to facilitating the requirements for on-going CPD for our registered professionals so that they can demonstrate their current competence in their chosen field.
- We have an external expert clinical panel who contribute to our clinical governance for continuously improving the quality of our services and safeguarding high standards of care.

Professional Memberships

- Nursing and Midwifery Council (NMC)
- Royal College of Nursing (RCN)
- Case Management Society UK (CMSUK)

Location

- Leeds

Coverage

- Midlands and North England

Testimonial

"Following my years of looking after patients with complex trauma whom we did not see once they left the ward, I enjoy being able to see patients after discharge in their own environment and participate in their recovery and rehabilitation by providing support, access to further treatment and helping them to achieve their rehabilitation goals. It is very rewarding seeing people return to work and normal activities knowing I was able to help them achieve this."


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