



## Helen Kelly Rehabilitation Case Manager

MSc (Pre-registration) Physiotherapy,  
BSc Natural Sciences

## Expertise

- Multi trauma rehabilitation
- Orthopaedic trauma
- Musculoskeletal injuries
- Neuro rehabilitation/  
acquired brain injury
- Spinal cord injury
- Care of ventilated patients
- Hospital discharge planning
- Cardiac rehabilitation
- General medical and  
surgical conditions
- Amputee rehabilitation
- Return to work and  
community support

## Profile

- Helen graduated from the University of Bath with a degree in Natural sciences. Helen has since completed a masters conversion degree, in physiotherapy graduating from Kings College University, London in 2014.
- Helen has worked in the NHS for four years, primarily at Buckinghamshire Healthcare Trust within their specialist Neurological Rehabilitation Unit and at the National Spinal Cord Injury Centre at Stoke Mandeville Hospital.
- Helen has worked at Frimley Park Hospital in Surrey as a Senior Physiotherapist in the acute and rehabilitation settings. She has worked alongside social services and community services to facilitate safe hospital discharges and rehabilitation within hospital and home environments.
- Helen has a full appreciation of the holistic approach to rehabilitation post brain injury and has developed an in depth knowledge in vocational rehabilitation services and self-management options post stroke.
- Helen sits on the advisory board for Bridges Self-Management Enterprise and has been involved in the development of resources for their Self-Management Programme after stroke and traumatic brain injury. Helen has also been involved in research assessing the implementation of cognitive and vocational rehabilitation in brain injury survivors.

## Testimonial

"I believe that everyone should be given the best chance to optimise their recovery and return to their pre injury level of activity. Rehabilitation doesn't stop at discharge from hospital. My passion not only lies in the physical, but also the cognitive and functional rehabilitation of the injured person."

## Continued Professional Development

- Corporé are committed to facilitating the requirements for on-going CPD for our registered professionals, so that they can demonstrate their current competence in their chosen field.
- We have an external expert clinical panel who contribute to our clinical governance for continuously improving the quality of our services and safeguarding high standards of care.

## Professional Memberships

- Health and Care Professionals Council (HCPC)
- The Chartered Society of Physiotherapy (CSP)

## Location

- Surrey

## Coverage

- Surrey/Hampshire, Greater London, South East England

  
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