



## Rowan Varley-Doran Rehabilitation Case Manager

BHSc (Hons) Occupational Therapy

## Expertise

- Polytrauma assessment & rehabilitation
- Acquired brain injury and neurological assessment & rehabilitation
- Complex orthopaedic rehabilitation
- Working with individuals living with long-term conditions
- Spinal cord assessment and rehabilitation
- Musculoskeletal (including crush) injuries assessment and treatment planning
- Vocational guidance and return to work planning
- Worksite assessments
- Functional / ADL assessments and treatment recommendations
- Equipment assessment and recommendations
- Ergonomic assessments
- Experienced at developing and managing an independent multi-disciplinary team to meet the needs of the client
- Family support and liaison

## Profile

- Rowan qualified as an Occupational Therapist in 2007.
- Rowan began her OT career in a foundation trust serving a diverse, multi-cultural population. Working on a rotational basis, Rowan covered clinical areas including acute neurology and acquired brain injury, community neurological rehabilitation, acute surgical and general medical; all of which included completing functional assessments, providing discharge planning and implementing rehabilitation programmes as appropriate.
- Following this, Rowan moved to a large NHS trust, again working across a variety of clinical settings including trauma and orthopaedics and elderly and general medical, providing treatment planning and implementation and discharge advice.
- In 2010, Rowan moved into Case Management utilising her clinical skills and commercial skills gained prior to gaining clinical qualification. Initially working within the insurance industry providing clinical case management directly to employer liability claimants. Also providing Occupational Health guidance and return to work solutions.
- Rowan has gained extensive experience both clinically and within case management in polytrauma, acquired brain injury, spinal injury and spinal cord injury whilst maintaining core occupational therapy skills. Throughout her case management career, Rowan has continued to undertake occupational therapy functional assessments making treatment and equipment recommendations.

## Continued Professional Development

- Corporé are committed to facilitating the requirements for on-going CPD for our registered professionals, so that they can demonstrate their current competence in their chosen field.
- We have an external expert clinical panel who contribute to our clinical governance for continuously improving the quality of our services and safeguarding high standards of care.

## Professional Memberships

- Health & Care Professions Council
- Case Management Society UK
- Royal College of Occupational Therapy
- British Association of Brain Injury Case Managers

## Location & Coverage

- Location: Huddersfield, West Yorkshire
- Coverage: Northern England & Wales, Midlands

## Testimonial

"I enjoy working with injured clients and their families to jointly develop a rehabilitation plan that addresses their needs and priorities. I take a holistic approach to treatment planning to promote a successful outcome and engagement by the client. I love my job as a case manager working with a diverse group of people helping them realise the rehabilitation they want and need, including return to work and leisure as well as regaining the role in life and wider society."

  
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