



Catherine Holland Rehabilitation Case Manager

BSc(Hons) Occupational Therapy

Expertise

- Hand and upper limb trauma and rehabilitation
- Plastics reconstruction and rehabilitation
- Acute burns care and rehabilitation
- Orthopaedic trauma
- Musculoskeletal injuries
- Acute medicine
- Multi trauma rehabilitation
- Psychological injuries
- Vocational rehabilitation
- Functional capacity evaluation
- Job demands analysis
- Worksite assessment
- Activities of daily living assessment
- Equipment assessment and prescription

Profile

- I qualified as an Occupational Therapist in 2007 and worked within the NHS for 11 years.
- I began my career in a large teaching hospital building my knowledge and experience in orthopaedic trauma, burns and plastics, acute and respiratory medicine, acute stroke unit and rehabilitation, and general rehabilitation.
- I then moved into a Specialist Occupational Therapist role in burns and plastics. My role involved working as part of a multidisciplinary team in one of the UK's largest burns and plastics units. This encompassed providing both inpatient treatment on the burns unit and plastic surgery wards, and in a busy hand therapy outpatient unit. The specialist regional unit was part of the major trauma network in the north west, resulting in the provision of treatment to a varied and complex patient demographic. Additionally, I also regularly worked weekends as part of the acute medical service, providing timely assessment and treatment within a varied case load in Accident and Emergency, Clinical Decisions Unit and medical wards.
- Following on from my specialist experience, I then worked in private practice providing occupational therapy/upper limb assessments and vocational rehabilitation evaluations, as well as services to clients in the occupational health, personal injury and disability insurance markets.
- **Particular expertise included:** assessment and treatment of hand and upper limb injuries; assessment and provision of occupational therapy interventions in multiple/major trauma; assessment of physical, cognitive and perceptual, and behavioural demands of jobs; matching capacity to job demands to facilitate a safe and sustained return to/ maintenance at work and vocational rehabilitation.

Testimonial

"I thrive on getting to know individuals and making a difference in their recovery journey, helping them achieve optimal function. I feel my varied clinical background and knowledge, gained from treating clients both within the NHS and privately, complements the role of a Case Manager."

Continued Professional Development

- Corporé is committed to facilitating the requirements for ongoing CPD for our registered professionals so that they can demonstrate their current competence in their chosen field.
- We have an external expert clinical panel who contribute to our clinical governance for continuously improving the quality of our services and safeguarding high standards of care.

Professional Memberships

- RCOT (Royal College of Occupational Therapists)
- HCPC (Health and Care Professions Council)
- CMSUK (Case Management Society UK) - pending
- BAHT (British Association of Hand Therapists)

Location & Coverage

- Manchester
- North of England