



## Gemma Higham Rehabilitation Case Manager

DipHE in Adult Nursing

## Expertise

- Musculoskeletal injury
- Orthopaedic injury
- Pain management
- Chronic/fluctuating conditions
- General medical and surgical conditions
- Oncology treatments and diagnosis
- Biopsychosocial assessments
- Mental health conditions
- Functional assessments
- Psychological injury

## Profile

- Gemma qualified as an Adult Nurse in 2014 working on a busy acute oncology ward - gaining experience in all aspects of oncology, including acute oncology and palliative care. She also has experience in managing complications of cancer, discharge processes, multidisciplinary working and facilitating discharges.
- Gemma provided nursing care for an agency on medical wards, surgical wards, care homes and community settings. She has gained great experience in managing patient care, risk assessments and care plans, and is also experienced in leading patient care.
- Gemma has previously worked as a school nurse providing health assessments for children and managing safeguarding concerns.
- Gemma worked for three years providing functional health assessments for patients who are off work. In this time she has gained experience with a wide range of health conditions, injuries and long-term health conditions. These often include chronic/fluctuating conditions, as well as mental health conditions and physical injury. In this role she would assess activities of daily living and the impact any injury or illness would have on this. She provided physical examinations including respiratory, upper and lower limb assessments, cardiovascular examinations as well as vision or hearing examinations.
- She has gained a good knowledge of impacts of health on daily living and barriers to recovery, as well as rehabilitation plans.
- Gemma has a good knowledge of both NHS and private treatment services.

## Testimonial

"Providing a holistic approach to rehabilitation and support for clients who are experiencing a difficult time due to injury or illness can massively impact a client's experience. I feel having compassion and empathy whilst working with a client to facilitate a rehab plan makes a positive difference in recovery."

## Continued Professional Development

- Corporé is committed to facilitating the requirements for ongoing CPD for our registered professionals, so that they can demonstrate their current competence in their chosen field.
- We have an external expert clinical panel who contributes to our clinical governance for continuously improving the quality of our services and safeguarding high standards of care.

## Professional Memberships

- RCN (Royal College of Nursing)
- NMC (Nursing and Midwifery Council)

## Location & Coverage

- Liverpool
- Nationwide